



Saturday 4 October 10am – 5pm BST

TIMETABLE – morning

10.00 – 10.05am

Welcome

Georgie Gilmore, Resurgence Trust Community Engagement Manager

10.05 – 10.45am

Just Earth: How a Fairer World Will Save the Planet

Tony Juniper: writer, sustainability adviser, environmentalist

How can people lead good lives without ultimately hastening global collapse? The answer lies in fairness. Drawing upon more than 40 years of experience in research, practical work, campaigning and advocacy, combined with interviews with globally renowned experts, Tony will reveal the system shifts needed to achieve real, lasting change.

10.55 – 11.30am

A River Pilgrimage: Maps, Memory and Walking

Craig Jordan-Baker, writer, lecturer, forager

In this talk, Craig will discuss his 2021 pilgrimage along Northern Ireland's longest river, the Bann, and the acclimated book that emerged from that journey: *If the River is Hidden*. Focusing on how we make meaning from journeys, he will touch on the history of walking as a practice and the power of maps as imaginative tools.

11.40 – 12.15pm

Rewilding the Future

Solène Wolff, Entrepreneur, public speaker, environmentalist

How do we move beyond dystopian narratives and imagine a better one together? In this talk, Solène will explore how cultivating bold, Earth-centred visions can change the path humanity is on. Drawing on her work in systems change and ecological storytelling, she will present rewilding as a gateway to reduce, repair, redesign and reimagine desirable futures.

12.25 – 1.00pm

The Sacred Truth of Nature

Sophie Wisbrun-Overakker, Sustainable business and leadership coach, facilitator, activist

Nature is conscious, purposeful, self-balancing, resurgent and regenerative. Planetary and human wellbeing are interrelated. Sophie will take us on a journey to the sacred truth of Nature. When we start living, creating, working and building relationships from that sacred place, we and the rest of Nature can thrive.

1.00 – 1.40pm

Lunch break

TIMETABLE – afternoon

1.40 – 2.05pm

Love First

Satish Kumar, Peace pilgrim, activist, author

Love represents unity, and truth represents diversity. Everyone has their own truth and their own point of view. This truth diversity should not lead to division. We all need to respect different truths and different points of view and remain united and related. That happens on the basis of love. We should all put love first, and then truth, science or politics.

2.15 – 2.50pm

The Right to Rest: the Lessons of Gardening

Diyora Shadijanova, Journalist, writer, book club co-founder

Drawing from her own experience of chronic illness, burnout and the challenges of starting a garden, Diyora will reflect on rest as a fundamental part of wellbeing. She will explore how it is not just personal, but also political.

3.00 – 3.35pm

Poetry, the Body and the Earth: an Interactive Reading

Nadia Colburn, Poet, writer, teacher

What does the body have to teach us about the Earth? And what does the Earth have to teach us about our bodies? How can poetry be a form of deep listening so that we can learn these lessons better? Giving voice to both trauma and resilience, pain and beauty, Nadia Colburn will read from her book *I Say the Sky*, invite participants into meditation, and offer some writing prompts.

3.45 – 4.15pm

What the Old Folk Can Teach Us: Lessons from Archaeology

Mary-Ann Ochota, poet, curator, project maker and environmental advocate

Archaeology provides incontrovertible proof that people have always been messy and complicated – we hold contradictory beliefs, do strange things, and create wild stories to explain the world around us. Mary-Ann will take us on a whirlwind tour into European prehistory to discover what cave paintings, spindle whorls, dog poo and porridge can teach us about ecosystems, resilience and human tenacity.

4.20 – 4.55pm

A Systems View of Wellbeing

Fritjof Capra, Scientist, author, educator

In the systems view of life, which has recently been developed at the forefront of science, living systems are understood as self-organising, fluctuating and continually regenerating networks. In this talk, Fritjof will discuss a corresponding systems view of wellbeing with interdependent biological, social and ecological dimensions.

4.55 – 5.00pm

Closing Thoughts:

with Manon Martini, Resurgence Trust Marketing Manager

All times are BST (UTC+1:00)